

## UNBEARABLE CAUTION

Despair, dread, desperation,  
Toe boiling worse than  
water on a stove.  
Burning stronger than  
fire in a desert.  
Nail bent up,  
bone bent left,  
blood everywhere.  
Biking was the trigger  
of my misery.  
But when I glare outside  
bikers mock me  
with their capability  
to glide along  
the isle's heavenly topography  
tasting the sea air  
hearing the wind  
rush through their hair  
while I stay indoors  
taking steps  
with frustrating slowness  
and unbearable caution.

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